

THEME: RESPECT



Student's Name: _____

Belt Color/Rank: _____

Today's Date: _____

How many times have you practiced your Songahm #4 form and one-steps this session?

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40+

What is RESPECT?

- Respect is showing other people you care through actions.
- One way you demonstrate your respect for other people is by using good manners.

What are some examples of RESPECT?

- At home: Listening to my parents and not talking back or interrupting.
- At school: Being quiet and paying attention to my teachers when they are speaking.
- At Tae Kwon Do: Always answering my instructors with Sir and Ma'am.

I am going to show RESPECT this session in these areas:

At home:

Week 1 ✓	Week 2 ✓	Week 3 ✓	Week 4 ✓	Week 5 ✓	Week 6 ✓

At school:

Week 1 ✓	Week 2 ✓	Week 3 ✓	Week 4 ✓	Week 5 ✓	Week 6 ✓

At Tae Kwon Do:

Week 1 ✓	Week 2 ✓	Week 3 ✓	Week 4 ✓	Week 5 ✓	Week 6 ✓

I understand respect and have demonstrated it in my actions this session.

Student: _____ Parent: _____